

STAR

Seniors Together in Aging Research



STAR

**How do I learn more
about using
the STAR Registry?**

Website

aging.uiowa.edu/star

Contact us:

The University of Iowa
Center on Aging
2159 Westlawn
Iowa City, IA 52242

Telephone

1-319-335-7569

Email

coa-star@uiowa.edu



What do we live for if not to make
life less difficult for each other?

– George Eliot



Meeting the needs of
researchers across Iowa



Seniors Together in Aging Research

The STAR Registry is a group of Iowans over age 50 who are interested in volunteering for research studies.

Health/Medical Information Collected from STAR Participants:

- Abdominal Diseases
- Allergies
- Behavior/Psychiatric/Mental Health
- Bone Issues
- Cancer
- Endocrine/Metabolism Issues
- Head/Eyes/Ears/Nose/Throat Issues
- Diseases of the Heart & Blood Vessels
- Lung Diseases
- Neurological Disorders
- Reproductive health
- Skin Issues
- Urological Issues



STAR has two primary aims:

- Promote scientific study of late-life issues among Iowans
- Encourage more older adults to participate in research studies

STAR offers:

- Over 1,500 enthusiastic and interested volunteers
- Searchable fields for demographics and a variety of specific health conditions
- Standard language and recruitment feasibility for use in grant applications
- Recruitment of non-disease populations and healthy controls
- Recruitment for community-based studies
- Committed registrants willing to participate in long-term studies
- Overall recruitment enhancement

STAR has been used by over 20 departments at UI & ISU with 19% of researchers using STAR for multiple projects.

What kinds of research studies ask for volunteers through STAR?

Studies include surveys, interviews or focus groups, and clinical trials. Here are some examples of past studies:

- Grocery Shopping Study
- Uses and Gratifications of Facebook
- Hearing Aid Success
- Bicycling Intervention, Cognitive Skills, and Cardiovascular Health
- Married Couples' Health and Health Service Use

How to request STAR volunteers?

- Contact STAR for free initial query
- If needed, use STAR boilerplate for grant proposal
- Complete Subject Request Form
- STAR sends out study information to specified STAR volunteers
- If interested, STAR volunteers contact the study team directly

Costs associated with STAR:

- Free preliminary feasibility query
- \$50 flat service fee
- \$2 per recruitment packet mailed OR
- \$0.25 per recruitment packet e-mailed

