STAR

Seniors Together in Aging Research

# STAR

# How do I learn more about using the STAR Registry?

### Website

icts.uiowa.edu/star

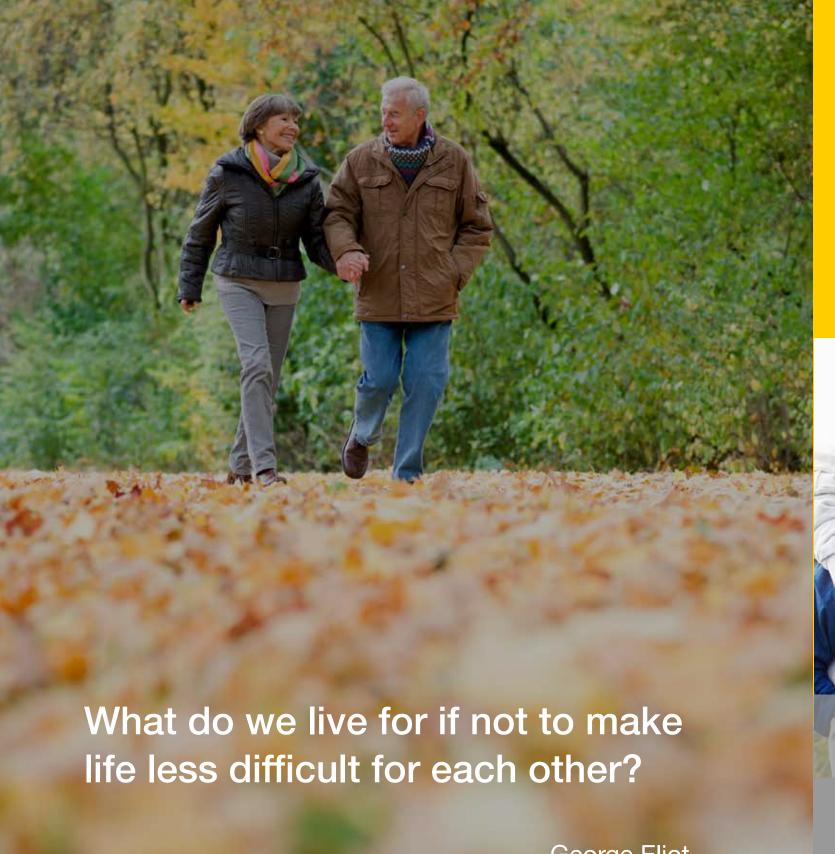
Contact us: The University of Iowa C44 General Hospital Iowa City, IA 52242

### **Telephone**

1-319-335-7569

### **Email**

coa-star@uiowa.edu



George Eliot



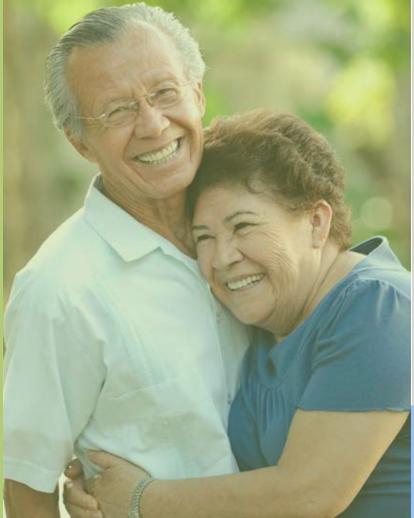
Institute for Clinical and Translational Science

Meeting the needs of researchers across Iowa



Health/Medical Information Collected from STAR Participants:

Abdominal Diseases
Allergies
Behavior/Psychiatric/Mental Health
Bone Issues
Cancer
Endocrine/Metabolism Issues
Head/Eyes/Ears/Nose/Throat Issues
Diseases of the Heart & Blood Vessels
Lung Diseases
Neurological Disorders
Reproductive health
Skin Issues
Urological Issues



### **STAR** has two primary aims:

- Promote scientific study of latelife issues among Iowans
- Encourage more older adults to participate in research studies

### **STAR offers:**

- Over 1,500 enthusiastic and interested volunteers
- Searchable fields for demographics and a variety of specific health conditions
- Standard language and recruitment feasibility for use in grant applications
- Recruitment of non-disease populations and healthy controls
- Recruitment for community-based studies
- Committed registrants willing to participate in long-term studies
- Overall recruitment enhancement

STAR has been used by over 20 departments at UI & ISU with 19% of researchers using STAR for multiple projects.

## What kinds of research studies ask for volunteers through STAR?

Studies include surveys, interviews or focus groups, and clinical trials. Here are some examples of past studies:

- Grocery Shopping Study
- Uses and Gratifications of Facebook
- Hearing Aid Success
- Bicycling Intervention, Cognitive Skills, and Cardiovascular Health
- Married Couples' Health and Health Service Use

### How to request STAR volunteers?

- Contact STAR for free initial query
- If needed, use STAR boilerplate for grant proposal
- Complete Subject Request Form
- STAR sends out study information to specified STAR volunteers
- If interested, STAR volunteers contact the study team directly

### **Costs associated with STAR:**

- Free preliminary feasibility query
- \$50 flat service fee
- \$2 per recruitment packet mailed
   OR
- \$0.25 per recruitment packet e-mailed

